#### SEXUAL ASSAULT

and the FAMILY JUSTICE CENTER

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Every day, those working against sexual assault violence encounter the human pain resulting from that violence

The reasons and justifications are the same for communities to come together to create a Family Justice Center and coordinate their response to domestic violence and sexual assault

Coordination must have at its core, a commitment by participants to develop a response which places the survivors' safety and well-being at the forefront while enhancing offender accountability

At times, the impetus to coordinate efforts arises out of a frustration with fragmentation of policies and activities within the criminal justice system as well as the victim advocacy field

Recognizing and acknowledging WITHOUT JUDGEMENT, the realities of the current community response to sexual assault is the first step to overcoming personal and professional barriers

The last couple of decades has been a time of tremendous development in the field of sexual assault

- Development of "confidentiality" statutes and protections
- Forensic technologies and expertise
- Stronger tools for law enforcement
- More tools for prosecution

- Tougher sentencing laws
- Sex offender registration
- □ Federal Violence Against Women Act
- Increased recognition of Sexual Assault Survivor's Bill of Rights
- Better research about sex offenders

## Improvements in individual response can include:

- Increased victim safety, support and restoration;
- more calls to police and victim service programs;
- more arrests and cases charged as felonies;
- less offender recidivism

## Sexual Assault Response at the FJC

The impact of sexual assault on the victim / survivor of the crime The affect sexual assault violence has on the fabric of our modern society

Longitudinal studies show the effect on survivor AND her children

The affect sexual assault violence has on the fabric of our modern society

Sexual assault in relationship is one form of DV and the emotional and psychological impact is great

Community-based victim service programs and justice system agencies often initiate coordinating efforts.

THE SAME PARTNERS AT THE
FAMILY JUSTICE CENTER
WILL BE PARTNERS TO
RESPOND TO SEXUAL
ASSAULT

### FUC / COMMUNITY PARTNERING

- Individuals
- Organizations
  - criminal justice system agencies
    - DA
    - Police
  - medical providers
  - community based victim service programs
    - RAPE CRISIS CENTERS
    - Victim-Witness Assistance Centers

### FJC / COMMUNITY PARTNERING

#### Organizations

- Child based counseling groups
- Media
- Schools / Churches

## RECOGNIZING THE IMPACT OF THE CRIME ON THE SURVIVOR

#### Post Traumatic Stress Disorder

RAPE TRAUMA SYNDROME:

COMMON REACTIONS AND
MANIFESTATIONS AS WELL AS
STATISTICAL PREDICTORS OF
DURATIONS
OF PTSD / RTS

# ONE WHO SURVIVES THE CRIME WILL MANIFEST SYMPTOMS OF POST TRAUMATIC STRESS IDENTIFIED AS RAPE TRAUMA SYNDROME

#### Rape trauma syndrome

- Persistent
- Re-experiencing
- Avoiding stimuli

#### Psychological issues

- Power / control
- Esteem
- Trust
  - Intimate partner / acquaintance / stranger
- Safety
- Hear
  - nightmares acute/long-term

#### Rape Trauma Syndrome Symtomology

- 94% of survivors manifest symptoms of rape trauma syndrome 1 week after the assault
- 47% of survivors manifest symptoms of rape trauma syndrome 12 weeks after the assault

## After 18 months a dramatic improvement can be seen

#### Acute Symptoms

- Nightmares
- Increase in level of anxiety
- Agitated depression
- Sleep disturbances
- Marked disinterest in usual activities
- Hostility and/or violence

#### Acute symptoms con't

- Panic attacks
- Hyperarousal

#### Characteristics

- □ F'ear
- Depression
  - of 507 survivors, 30% had one major depression
- Other mood states
- Problems with self-esteem
  - feeling of responsibility feelings of guilt feelings of not being worthy

#### Characteristics con't

- Problems with social adjustment/socially inhibited
  - poorer economic, social, leisure adjustment for 2 months following assault and continuing 4-8 months
  - Marital & family unit adjustment problems

#### Characteristics con't

- Self-blame / higher self criticism
- Intrusion of thoughts of the event
- Suicidal ideation/attempts
  - Not high in 1st month; 50% considered suicide after long term

#### What Helps with Healing?

- Counseling
- Social support
  - Those who received counseling and had strong social support showed no difference in the level of depression or social adjustment 12 months post assault

#### What helps? Con't

Those who participation in the criminal justice system demonstrated a greater level of

greater tevel of self-esteem.

- Feelings of taking charge
- Feelings of standing up for self
  - Feelings of worth
    - CHOICE

CA law: survivor choice, "Jane Doe"

## Who are the Collaboratives

#### SART

#### Sexual Assault Response Team

- District Attorneys / County Prosecutors
- Law Enforcement Agencies
- Hospitals
  - MLPs
  - SANEs
  - SAFEs
- Rape Crisis Centers
- Victim-Witness Consultants

#### SART

Provides a continuum of services for the sexual assault survivor, which typically begins at the hospital where law enforcement interviews and a medical, forensic examination is conducted

#### SART

Continuum of services continues through survivor contacts with law enforcement and attorneys who are involved in the investigation and prosecution process

## Need for coordination & standardization

- Reduce amount of time survivor is at the hospital
- Advocate to provide psycho-social support (RTS) and ensure appropriate treatment
- Law enforcement obtain statement and identification as quickly as possible
- Prosecution successfully prosecute sex offenders in that community

#### Addressing survivor's needs

- Survivor's participation will be part of her (his) healing, rather than retraumatization
- Self-esteem will increase; self-blame will decrease
- Survivor will find the compartment in her (his) psyche to place the experience and lead a happy, healthy life
- Survivor more likely to cooperate with prosecution

#### **UNAROUSED FEMALE GENITILIA**

#### What really happens in room 41?

- Rape Crisis Advocate
- Law Enforcement
- □ Trained Forensic Examiner
  - Knows what to look for

#### What really happens in room 41?

- Medical Screening
  - Completion of ED chari
- State Protocols
  - Collection of forensic evidence
  - Collection of biological references
  - Screening and prophylaxis for STD and pregnancy

## Adjuncts to the Sexual Assault Exam

- Colposcopy-light and magnification with the capacity to capture images
- <u>Toluidine Blue</u>- nuclear stain used to confirm or support findings

#### Posterior fourchette tear

#### Toluidine Blue

- Nuclear stain
- Binds to denuded tissue
- Deeper nucleated tissue exposed after trauma
- Safe in pregnancy

## POSTERIOR FORCHETTE & FOSSA NAVICULARIS TEARS TOLUIDINE BLUE APPLICATION

## Characteristic Injuries in Non-consensual Intercourse

#### **Mounting Injuries**

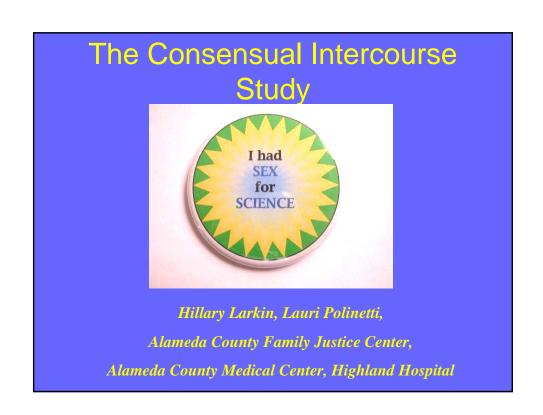
- Occur at first contact in an attempt to penetrate
- Occur at 3-6-9 0'clock on the posterior fourchette
- Injuries include tears, microabrasions, lacerations
- Injuries independent of lubrication, relaxation or inebriation

- 33-44% of victims who are physically assaulted by their partners are also sexually assaulted
- In severely abusive relationships, violent forcible sexual assault occurs twice monthly and is the least likely form of assault to be reported

- In Spousal / Intimate Partner Sexual assault, there are often no findings of genital trauma
- Lack of finding does NOT indicate lack of assault
  - Need a good expert to explain

#### What the Expert Can Say

- Injuries consistent with history
- Pattern of injury consistent with non-consensual sexual intercourse
- 33% of all sexual assaults result in no genital trauma



#### THE FIC

- All the "players" are there
- Service delivery is more comprehensive
   & appropriate
- Survivors can receive treatment without shame, judgment or other negative, nonverbal communications
  - A void a "clinic" mentality

## BAY AREA WOMEN AGAINST RAPE "BAWAR"

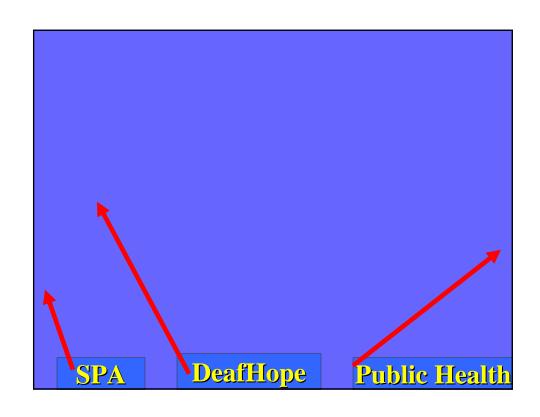
Oldest Rape Crisis Center in America

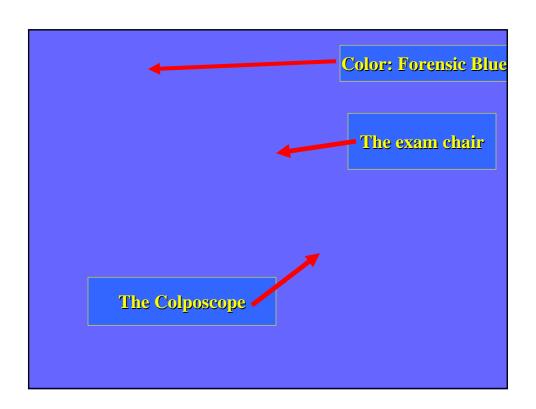
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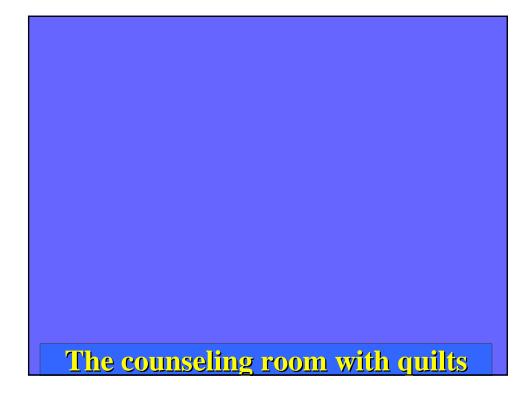
Providing sexual assault services to victims who are deaf

#### Located at the FJC

- Rape Crisis Advocate
  - Confidential Communication Privilege
- Victim-Witness Advocates
  - Criminal Justice support / YOC advocacy
- Medical Forensic MLP
- Public Health
  - STD Screening
- Law Enforcement
- Prosecution
- SEM Network -- SPA (Safe Place Alternative)







#### THE FIC

- Follow-up can be part of the service delivery
  - Who wants to go back to the hospital???
- Services available for family members as part of the natural landscape

#### THE FIC

- Issues to consider:
  - 。 "Clia" license
    - · requires quality control
    - Clinical capacity to address / treat injuries
    - · Kits require proper storage
    - Relationship to Lab for testing
    - Bio-waste clearing system

#### THE FIC

- ITTPAA
  - The Health Insurance Portability and Accountability Act of 1996
  - Confidentiality of records / treatment
  - The "Privacy Rule" is a series of regulations enacted to protect health information that became effective in April of 2003.

#### Medical y Forensic

- Insurance
- Equipment
- Record maintenance
- Drug safety
- Medication

### WHO CAN WORK IN A STAND-ALONE SART CENTER

- Horensic
  - SANEZRN
- Forensic AND Medical
  - PA
  - NP
  - MD
  - SANE under supervision for medical

### FJC & Sexual Assault What Can We Do?

- At a minimum, re-test for SDT
- Document healing wounds
- □ Follow-up re testing: HIV
- Support for victim and others

"Who" is not the question; the question is:
"Flow bad is it"

### FJC & Sexual Assault What Can We Do?

- Appointments can be scheduled
- Practitioner can assess needs of victim before s/he arrives
- Practitioner can access records from where the victim receives 24/7 care
- KINDER, GENTILER TREATMENT

#### What really happens in room 41?

2006 began using Buccal Swabs instead of blood for DNA

#### Coordination Among Agencies:

- Development of proactive legislation
- Development of multidisciplinary protocols and training
- Systemic analysis of jusice response based on case outcomes and victim satisfaction
- Community education and media initiatives

#### CAN LEAD TO SYSTEMUC CHANGES

- Better and more comprehensive interventions
- Few related homicides
  - DV Deaths:
    - 2000 = 26
    - 2005 = 6
    - 2006 = 3 (w/2 suspicious)
- Increased community intolerance for these crimes





