

#### Webinar Course Description

#### Title: 17 Shades of Collaborative Capacity

Maureen, Project Director, Institute for Collaborative Response for Victims of Family Violence (ICR) will discuss the innovative program started at San Jose State University. She will also introduce concepts of collaborative capacity to better enhance the success of Family Justice Centers; and will elaborate on how to normalize and utilize common challenges in collaborative endeavors. This session is approved for 1 CEU.

#### Presenters:

Maureen Lowell, MA, LMFT, Director, Institute for Collaborative Response to Family Violence

# Welcome!

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- The presentation will begin promptly at 10:00 a.m. Pacific Time
- If you are experiencing technical difficulties, email <u>natalia@nfjca.org</u>
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# Thank You to Our Sponsors

Thank you to the US Department of Justice, Office on Violence Against Women and Blue Shield of California Foundation for making this training possible!

This project is supported all or in part by Grant No. 2007-TA-AX-K032 awarded by the Office on Violence Against Women, U.S. Department of Justice. The opinions, findings, conclusions, and recommendations expressed in this publication/program/exhibition are those of the author(s) and do not necessarily reflect the views of the Department of Justice, Office on Violence Against Women.



#### 2013 International Family Justice Center Conference April 16-18, 2013 in Fort Worth, TX



www.familyjusticecenter.org

The three-day conference will include discussions on issues related to the handling of domestic violence, child abuse, sexual assault, and elder abuse cases in the context of the Family Justice Center model.

The conference faculty includes nationally and internationally recognized subject matter experts, advocates, and survivors. During the conference participants will have the opportunity to meet with survivors and professionals who currently work in Family Justice Centers in the United States and internationally.



# The FJC Alliance Team





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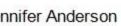


Jena Valles



**Rachel Whiteside** 





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This webinar presentation is being recorded and will be posted on our website by close of business. We would like to remind you that you no longer need Membership in order to download webinar files and other materials from our Resource Library.

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# California Continuing Education

- This session is approved for 1 California Minimum Continuing Education (CEU) credit for CEU for MFT and LCSW (Provider # PCE 5095). Professionals in states outside of California should check with their own state board to determine whether these credits are approved in their jurisdiction.
- A checklist detailing how to obtain the credit will be included in the course materials and available for download.
- The checklist will also be emailed after the webinar training.



# Today's Presenter:



Maureen Lowell, MA, LMFT Director, Institute for Collaborative Response to Family Violence



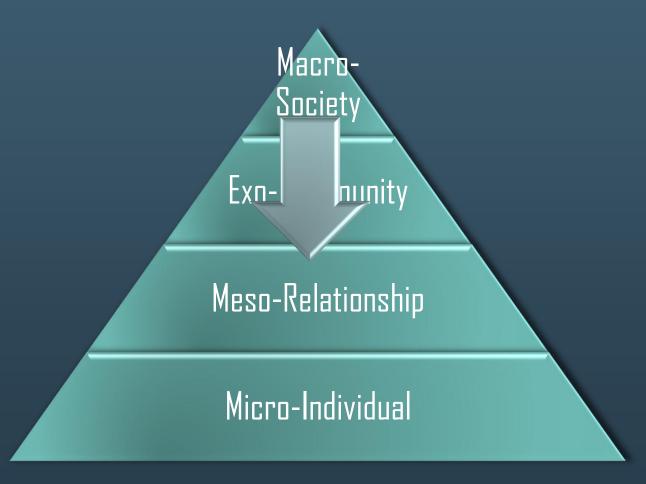
Institute for Collaborative Response to Family Violence

ICR

San Jose State University

This presentation was produced by The Institute for Collaborative Response of the College of Applied Sciences and Arts of San Jose State University under a grant, number 2010-DD-BX-0739, awarded by the Office for Victims of Crime, Office of Justice Programs, U.S. Department of Justice. The opinions, findings, and conclusions or recommendations expressed in this presentation are those of the contributors and do not necessarily represent the official position or policies of the U.S. Department of Justice.

# Service Delivery



"One of the gravest obstacles to the achievement of liberation is that oppressive reality absorbs those within it and thereby acts to submerge human beings consciousness."

Freire, Paulo Pedagogy of the Oppressed, p 33



### "Things have changed; they're not going back."

"We cannot expect old school learning to prepare students for the new world."

## Institute for Collaborative Response to Family Violence

What is the Institute for Collaborative Response for Victims of Family Violence (ICR)?

- It is an innovative, educational program designed to improve collaborative capacity in participating individuals to improve the response to family violence.
- Developed with federal funding provided through the Office for Victims of Crime beginning in 2009



UNIVERSITY

<u>NSLS</u>

# Social Problem: Family Violence

Interdisciplinary Learning

> Internships Projects

Institute for

Collaborative

Response (ICR)

**Health Sciences** 

Justice Studies Kinesiology Nutrition Social Work

Recreation, Hospitality

Library & Information Sciences Nursing

Occupational Therapy Journalism & Mass Communications

**Probation Officer** Nutritionist Advocates **Stress Management Instructor** Law Enforcement Therapists Nurse Judges Social Worker **District Attorneys Event Planner** Librarian Public Health Worker Journalist Nutritionist Occupational therapist **Probation Officer** COLLABORATIVE

RESPONSE



# SJSU: CASA Faculty

CR Certificate Program Faculty Affiliates Interdisciplinary Research Teams

#### Family Violence Community Partners

Subject matter experts FV Service Network Initiative Internship & Service Learning

ICR

#### **Students**

JS 136/137 ICR Internships Community-based projects

# Four Program Domains

#### • Family violence: scope, risk & protective factors;

- Effects of interpersonal violence on individuals, families and communities;
- Trauma;
- Key systems;
- Distinguishing mandates across systems and services;
- Principles of Collaboration and Collaborative Capacity;

# Awareness

Knowledge

- Power & Oppression
- Ethical and legal limitations;
- Personal capacity for collaboration; Areas for professional growth and development
- Trauma-informed;
- Cultural awareness and competency;

# Skills

- Screening
- Mandatory reporting
- Safety planning
- Danger/Lethality assessment
- Motivational interviewing
- Forms

# Analysis

- Elements and levels of collaboration
- Assessment of community readiness for change
- Wilder's Collaboration Factors Inventory
- Trauma-informed services assessment
- Gaps

# Requirements

ICR Student Requirements

- Collaborative Response to Family Violence Course (3 Units)
- Interdisciplinary Discussion Groups
- Internship/Service Learning
  - 60 hr minimum
- Community-Based Project
  - Project
  - Research

#### Special Session Certificate Program

- Family & Community Violence Course (3 Units)
- Collaborative Response to Family Violence Course (3 Units)
- **Experiential Seminars** 
  - Field Experience (1 Unit)
  - Collaborative Dialogues (1 Unit)
  - Community-based Project (1 Unit)
- Electives (3 Units)

# **ICR Student Projects**

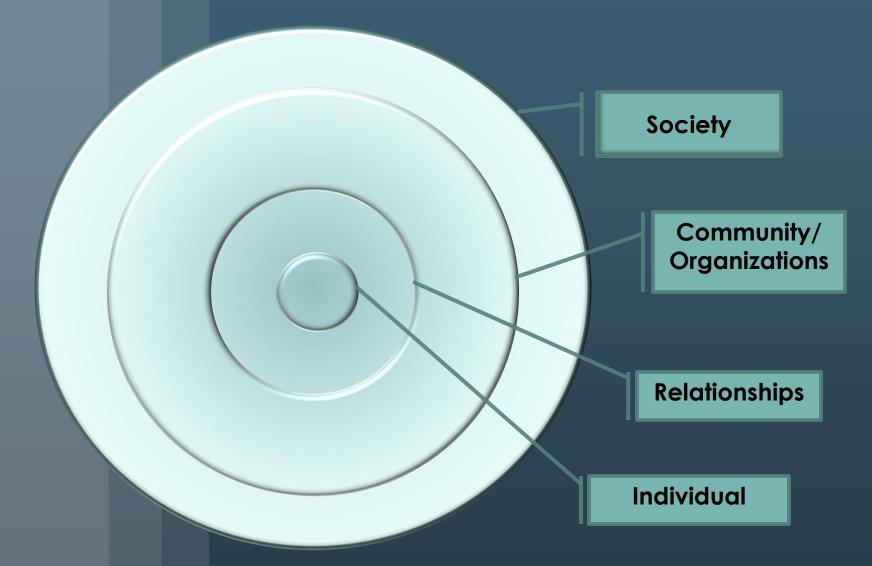
Community-Based Projects

#### Research

- Improving Collaboration and Response within the Medical Community
- Empowering Teens to Overcome Dating Violence
- Having a Family Justice Center Model in Santa Clara County

- Mentor Parent Program(MPP) Evaluation: SurveyDevelopment and AnalysisComponent
- Advancing Trauma Informed Systems Change
   in a Family Drug
   Treatment Court Context
- Trauma-Informed Systems Assessment Project

# Social-Ecological Model



# Collaborative Capacity

Conditions needed to promote and develop effective collaboration for community change that is:

dynamic,

□ adjustable and

transferable across other community efforts

Foster-Fishman, Pennie; Berkowitz, Shelby; Lounsbury, David; Jacobson, Stephanie; Allen, Nicole (2001) Building Collaborative Capacity in Community Coalitions: A Review and Integrative Framework. American Journal of Community Psychology, Vol. 29, No 2 pp. 241-261.

# Collaborative Capacities

Holence of aniity holence	Programmatic capacity	<ul> <li>capacity to design and implement programs that have real, meaningful impact within their communities</li> </ul>
	Organizational	<ul> <li>the capacity to engage members in tasks to produce desired outcomes</li> </ul>
	Relationship	<ul> <li>capacity to engage effective networks and develop the social relationships required internally and externally to achieve desired goals</li> </ul>
	Individual/Member Level	<ul> <li>skills, knowledge, attitudes and motivation for collaboration</li> </ul>
1 cup		

# **Relational Capacity**

- Developing relationships needed to develop desired goal
  - Internal & external
- Sense of community/ Positive work environment
  - □ Cohesive, trusting,
  - Capable of resolving conflict
- United around a common vision
- Create an inclusive culture
- A Shared power for decision making

# Organizational Capacity

#### Relationships

- Vision for collective action
- Work environment that is empowering
- Communication that promotes information sharing and problem resolution
- Dynamic and responsive

#### Leadership

- Work environment that is efficient and task-oriented
- Skills: communication, conflict resolution and resource development
- Formalized guidelines;
- roles & responsibilities;
- Resources

# Programmatic capacity

#### Relationship

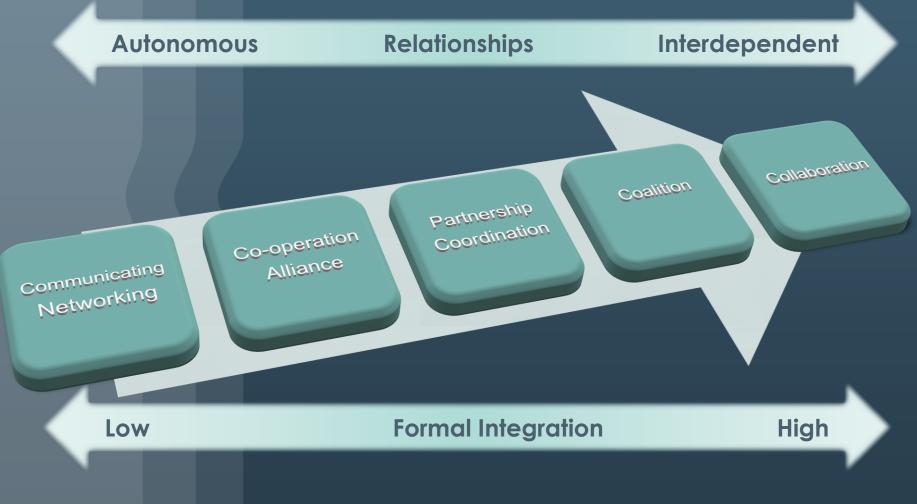
- Catalyst for
  - Identifying community needs
  - Designing innovative solutions
  - Mobilizing community support
- Complement existing programs/services, resources and strengths
- Fits community context; Culturally aligned

#### Leadership

- Clear, focused objectives/work efforts
  - Realistic goals
    - Intermediate goals and quick wins

# Levels of Working Together

#### Relationship: Shared Authority, Resources, Communication: Risks/Rewards



(Cross et al, 2009; Foster-Fishman et al, 2001; Frey, 2006; Gajda, 2004)

# Defining Collaboration

- "…it is a commitment to the mutual institutional renewal that embeds the results for lasting success." (Ray, 2002, p. 108)
- ▲ a willingness to enhance the capacity of another for mutual benefit and a common purpose." (Himmel, 2001, p. 278)



## Collaboration: Real Issues

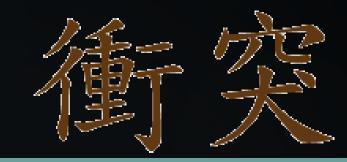
Power
Conflict
Sustainability

#### Power

Most coalitions are deeply embedded within and reinforce existing societal power relations which constrain change."

Power must be reframed. Power is not a possession; it does not belong to someone. Power must be seen as the, "capacity to produce desired results." (Himmelman, 2001, p. 278)

# CONFLICT



Individual/membership level
Shared vision, mission and goals
Level of linkage (AKA collaboration)
Mutual benefit
Integration of different work cultures

# **Building and Sustaining Collaboration**

#### Agency

- Meaningful and beneficial for all participants
- 2. Inclusive problem frames
- 5. Promote meaningful discourse
- 6. Prevent power imbalance

#### Leadership

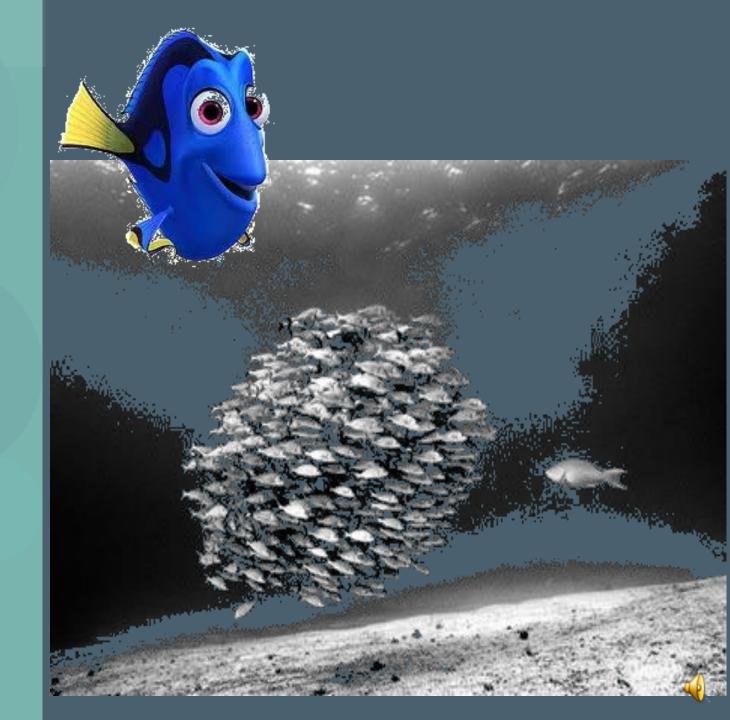
- Communication
- Defining relationships assists in identifying tasks, roles, responsibilities, and work plans and ultimately reaching desired outcomes
- Build incrementally

# Dialogue\*

"Human beings are not built in silence, but in word, in work, in action-reflection... Dialogue is the encounter between men, mediated by the world, in order to name it... ...this dialogue can not be reduced to the act of one person's "depositing" ideas in another, nor can it become a simple exchange of ideas to be "consumed" by the discussants." p. 69-70

Freire, Paulo Pedagogy of the Oppressed 1970 Continuum, New York

# Keep Swimming lust



# Community Ownership

#### Beyond providers and survivors







# Vision

- A National ICR Advisory Council
- ICR to capture innovations that emerge in the learning process to better inform the evolving educational model and Family Justice Alliance in serving FJCs
  - Models that emerge in discussion
  - □ Projects developed and implemented
- ▲ FJC Conference: Showcase

## ICR-FJC Partnership

- A How do we adapt this model to meet the needs of the Family Justice Centers?
  - What additional curriculum content would be needed to best address family justice centers?
- A How would this certificate program process work for Family Justice Centers?
  - Identifying and implementing projects
  - □ Field experience component

#### Bibliography

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# **Questions**?

- Maureen Lowell
  - Maureen.lowell@sjsu.edu



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# Dream Big, Start Small: How to Start and Sustain a Family Justice Center

# Dream Big, Start Small

How to Start and Sustain a Family Justice Center

Gael Strack and Casey Gwinn In Dream Big, Start Small the visionaries behind the Family Justice Center movement use the outcomes and lessons learned from a decade of starting Centers in the United States and around the world to show the road to a better way to help victims of violence and abuse- by bringing all the community services for family violence, elder abuse, stalking, and sexual assault under one roof. Any community can do it. Dream Big, Start Small will show you the way.

Go to the "Store" at <u>www.familyjusticecenter.org</u> to purchase Dream Big, Start Small



# Thank You

Thank you for joining today's presentation

Family Justice Center Alliance 707 Broadway, Suite 700 San Diego, CA 92101 888-511-3522

www.familyjusticecenter.org

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National Family Justice Center Alliance Webinar Training CEU Accreditation Provider # PCE 5095



#### Instructor: Maureen Lowell

#### Instructor's Biography:

Maureen Lowell has worked as a practitioner in the field of family violence for over 20 years and as a lecturer and trainer for over ten years. Ms. Lowell has been actively involved in community efforts to respond more effectively to domestic violence since 1993, experience which she brings to her teaching. During these years, Ms. Lowell developed two curricula for working with families impacted by domestic violence: The Program for Empowered Parenting; and Empowerment through Accountability: working with women convicted of domestic violence.

Since 2007, Ms. Lowell has worked on a project at San Jose State to develop an educational model to teach students to respond more effectively to family violence through interdisciplinary collaboration. These efforts have resulted in the new Institute for Collaborative Response for Victims of Family Violence, engaging students from the applied sciences in this new, innovative learning opportunity that bridges classroom learning with community experience in collaboration.

#### **RESEARCH AND TEACHING INTERESTS**

Family and Community violence; Systems response to family violence; Interdisciplinary collaboration in family violence.