# **VOICES Survivor Defined Success**

Presented by Mary Claire Landry, Michael Burke & Survivors Wednesday, April 13, 2015



# Thank You to Our Sponsor



# Introductions of our VOICES Members here today





# Accountability to Survivors

Mary Claire Landry



### **Guiding Principles**

#### **Trauma-Informed Approach**

- 1. Safety
- 2. Trustworthiness & Transparency
- 3. Collaboration & Mutuality
- 4. Empowerment
- 5. Voice and Choice
- 6. Peer Support and Mutual Self-Help
- 7. Resilience and Strengths Based
- 8. Inclusiveness & Shared Purpose
- 9. Cultural, Historical, & Gender Issues
- 10. Change Process

#### **FJC Guiding Principles**

- 1. Safety-Focused
  - 2. Victim-Centered
  - 3. Culturally Relevant
  - 4. Community-Engaged
- 5. Survivor-Driven
  - 6. Transformative (willing to change)
- 7. Relationship-Based
  - 8. Prevention-Oriented
  - 9. Kind-Hearted
- 10. Empowered
  - 11. Offender Accountability



Hope

Self-Respect, Agency, Healing

Connection, Support, Community,

Safety, Protection, Security

Food, Shelter, Clothing, Transportation



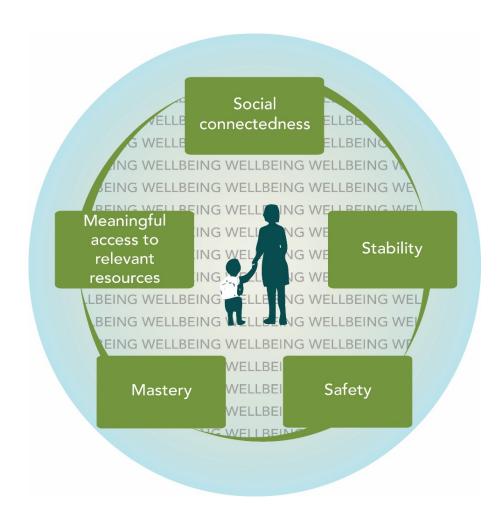
# Where do you see HOPE?



www.allianceforhope.com

**CREATING PATHWAYS TO HOPE** 

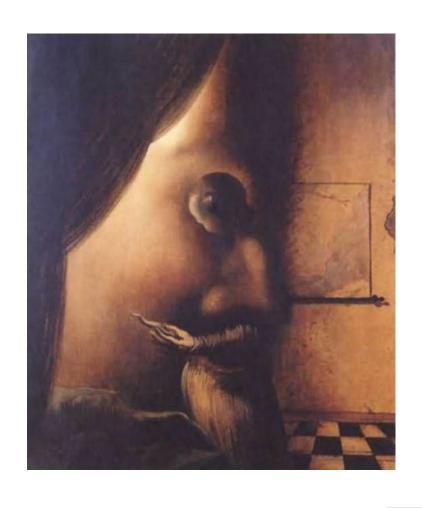
# The Five Domains of Wellbeing



Drawn from practice validated by research.



### Seeing People and Our Work Differently



# The Five Domains of Wellbeing allows us to:

- 1. Put people and their assets, not their problems, at the center.
- 2. Recognize that all behaviors serve a purpose.
- 3. Ask, "Is it worth it?" And then respond accordingly.





- We all have assets.
- We all have challenges.
- We all work to meet our needs in these domains simultaneously, as best we can given our experiences and what is available to us.
- Sustaining any change in one domain usually requires addressing the tradeoffs in the other domains.



 Despite the prevalence of intimate partner violence (which we use synonymously with domestic violence) and the resources directed at ending it, there is a lack of information about how survivors themselves define success.





 Survivors' examples of success centered on connection with family members, friends and other informal networks; on achieving something that created value and worth for themselves and others; and on moments characterized by calm, predictability and "normalcy."





 Services provide the lens through which practitioners understand survivor identity and success, whereas survivors derive identity and purpose from connection and personal accomplishment, far beyond the bounds of the abusive relationship and the walls of programs.





 Taking what we have learned and aligning policy, funding, and service systems with truly survivor-defined success is our collective task at hand.





 Ultimately, service delivery systems may be designed around and held accountable for concepts of survivor success that are far too narrow and do not account for the diversity of survivor experiences and priorities.





Question	Survivor	Practitioner
Identification of Single Moment of Success	<ul><li>Informal connections (29%)</li><li>Accomplishments (22%)</li><li>Normalcy (17%)</li></ul>	<ul><li>Survivor shift in agency (24%)</li><li>Practitioner agency (24%)</li><li>Survivor insight (14%)</li></ul>
The Significance or Meaning of the Moment	<ul> <li>Informal connections (24%)</li> <li>Shift in confidence (20%)</li> <li>Breakthrough realization (18.5%)</li> </ul>	<ul> <li>Survivor breakthrough realization (25%)</li> <li>Shift in confidence/behavior (22%)</li> <li>Milestones (12.5%)</li> </ul>
What or Who Enabled the Moment?	<ul><li>Self (21%)</li><li>Family (20%)</li><li>Friends and peers (15%)</li></ul>	<ul><li>Survivor (19%)</li><li>Practitioner actions (17.5%)</li><li>Survivor family (17%)</li></ul>
How Does SurvivorCope in Between Moments of Success?	<ul><li>Informal connections (19%)</li><li>Self-care (17%)</li><li>God/faith (12.5%)</li></ul>	<ul> <li>Informal Connections (18%)</li> <li>Self-care (12%)</li> <li>Use of conventional services (11%)</li> </ul>



- Only 7% of survivor stories overall were about leaving or altering the relationship with the abusive partner.
- The remaining 93% were about connections with others, accomplishments outside the abusive relationship, and/or the normalcy of daily life.



# Accountability to Survivors

Survivors should not have to adapt to what is offered by the service providers or systems

Responses should be based on asset building not problems to be solved



# Accountability to Survivors

- Listen to the lived experiences of the survivor
- Be aware of your own bias and privilege
- Be open to doing the work differently based on what you are hearing from survivors
- Listen and hear rather than tell and direct
- Learn what is keeping survivors coming back for support
- Learn and be open to what is keeping them from coming back for support



# History of VOICES

Michael Burke





### San Diego VOICES Committee History

- Established in 2003
- Mission to share stories of courage, hope and empowerment as a way to be a voice for those who don't have one yet.
- Members served as an advisory committee for the San Diego Family Justice Center.
- Spoke at public events to bring awareness to the services provided at the Family Justice Center.



### San Diego VOICES Committee Membership Started

- FJC clients referred by Dr. Lass, Psychologist from the San Diego Family Justice Center.
- Open membership



### San Diego VOICES Committee Membership

- Monthly meetings
  - Consistent day each month 3<sup>rd</sup> Thursday of the month
  - Email reminders 1 week & 1 day before meeting
  - Text reminders
  - Food and refreshments
  - Child Care
  - Varied meeting places





### San Diego VOICES Committee Got Busy Fast

Thomas Jefferson School of Law Conference





• 2009 – Empowered by the Verizon Foundation





- 2009 Verizon Foundation Support
  - Logo, Stationary
  - Business Cards
  - Brochures
  - T-Shirts





• 2009 FJC Alliance Conference







Advocating for the FJC at City Meetings





Hope in the Park





Vigils

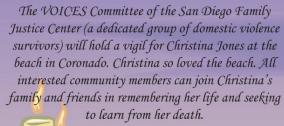
Please Join Us for a Vigil in Loving Memory of Christina Jones



Date: Wednesday, December 30, 2009

Time: 4:15 pm

Location: Coronado Beach



Directions: Meet at 1000 Ocean Blvd.,
(just North of the Hotel Del)
Take CA-75 S toward Coronado
Turn Left onto Orange Ave/CA-75 S.
Turn Slight Right onto Park Pl.
Enter next roundabout and
take 2nd exit onto Loma Ave.
Turn Left onto Ocean Blvd.















News stories & events





# Starting a VOICES Chapter



# **Empowered Survivors**

No one tells the story better than those that benefited from your center!



**Dana Anderson**Founder of VOICES at One SAFE Place







# **Empowered Survivors**

#### What is the VOICES Committee?

- Why are we here?
- What is our purpose?
- What we plan to accomplish?



### Case Study – Shasta County

### Why are we here?

The Shasta County chapter of VOICES was founded in June of 2011 and is patterned after the National Family Justice Center Alliance's VOICES Chapter.

With the support of the One SAFE Place VOICES started with three women who found their voices and wanted to speak out against family violence. The group quickly grew and has had as many as 15 active members.



#### What is the VOICES Committee?

The mission of the VOICES is to promote public support and bring awareness of Domestic Violence, Sexual Assault, Elder Abuse and Child Abuse through community education by sharing stories of hope, courage and strength. VOICES seeks to break the silence that enables abusers and VOICES empowers survivors to take a stand by raising their voice.



## What we plan to accomplish?

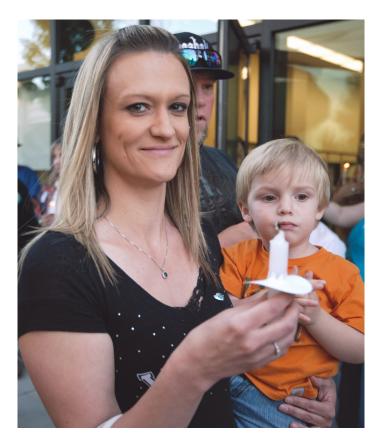
To be an advocacy group to end family and sexual violence in our community.

To be a voice for those who have lost theirs.





## What is our purpose?



These women (and now men) share a common theme: They are all survivors of some sort of family violence, they all lost their voice as they were going through their abusive situations and they are all survivors who have found their VOICE and want to empower other victims to do the same.



#### What the VOICES Committee Is...

- A group dedicated to change
- An advocacy group
- A partner working with OSP and other partner agencies
- A speakers bureau
- A asset based group that looks for solutions



### What the VOICES Committee is Not...

- A fundraising group
- A support group (although we support each other)
- A stand alone group (we partner with OSP and the partner agencies)
- Responsible for engaging the media, politicians, government officials or agencies without our partners
- A mascot for the movement



### **VOICES Membership...**

- Survivors of family violence with passion, enthusiasm and commitment that desire to partner together to raise their voice to help bring public awareness about domestic violence, sexual assault, elder and child abuse.
  - Members must be at least one year removed from the date of their last abuse and of their relationship with their abuser.
  - Members must not currently undergoing a trial or court proceedings.
  - Members must not currently be in a relationship with a convicted abuser.



## **VOICES Membership**

Active Member – Attend monthly meetings, check Facebook group regularly and participate in events

Supportive Member – Follow Facebook group regularly, limited attendance at meetings and events



## **VOICES Membership**

#### **Areas of involvement:**

Public Speaking

Media interviews

Community presentations

Policy change

Writing for OSP newsletter

Participating in events





### Structure of VOICES@OSP

The VOICES group operates under the direction of the Director and Assistant Director of Client Services at One SAFE Place.

Legally, the group falls under the liability of OSP but all partners involved in the prevention and intervention of family violence and sexual assault have a voice.



## Structure of VOICES@OSP

The group is made up of four chair positions:

- Membership Chair
- Speakers Bureau Chair
- Social Media Chair
- OSP Staff Liaison

Our hope is each member will volunteer to work in one of these committee areas.







































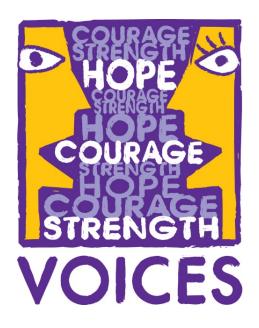
# Going National

**VOICES Survivor Advocacy Network** 



## Survivor Engagement

- Creation of VOICES Tool Kit
  - Created with Survivors for Survivors
  - Create a VOICES Network in FJCs and MAMs



# Empowered by: blue 🗑 of california

foundation

Blue Shield of California Foundation is an Independent Licensee of the Blue Shield Association



## Survivor Engagement

- Creation of Statewide VOICES Network in California
  - Joyce Bilyeu Sacramento County
  - Susan Cain Stanislaus County
  - Yvonne Coiner San Diego
  - Patricia Duncan Hall Contra Costa County
  - Christy Coleman- Shasta County
  - Julie Kundert Van Nuys
  - ➤April Romanek San Joaquin



# VOICES Survivor Network Steering Committee

The ultimate goal of the VOICES Survivor
Network is to Strengthen the integration of
systems and partners in the Family Justice
Centers (FJC) and multi- agency models to
better serve and be held accountable to survivor
needs and self-defined successes.



 VOICES Survivor Network Steering Committee Members or appointed survivors from each California Family Justice Initiative (CFJI) site provides feedback on Alliance for HOPE International (Alliance) tools and resources.



- VOICES Survivor Network Steering Committee Members or appointed survivors provide feedback to local FJC on policies, procedures, intake process, and/or partnership agreements.
- VOICES Survivor Network Steering Committee
   Members establish a statewide network.



- Alliance helps develop or strengthen VOICES
   Committees within CFJI sites, based on FJC
   stage of development.
- VOICES Committees in at least 3 CFJI sites report at least one activity where they contributed to organizational changes to benefit survivors.



- At least 3 CFJI sites update policies, procedures, and/or partnership MOUs based on survivor feedback.
- VOICES Committees and FJCs report increased commitment to work with FJC on survivorcentered initiatives.



 VOICES Survivor Network Steering Committee Members attend the Annual International Family Justice Conference in San Diego April 12-14, 2016. The Alliance will pay all expenses for VOICES Survivor Network Steering Committee Members



# Proyecto Esperanza

Lisbet Perez



## What is Next?

Commitments



## **Questions or Comments?**



# Thank You!

Alliance for HOPE International

www.allianceforhope.com

www.familyjusticecenter.com

(888) 511-3522

